

# Practice makes Progress

Tips

- ♪ Practise in a place without distractions
- ♪ Have a chair that promotes good posture and a music stand when practising
- ♪ Develop a warm-up routine: singers with breathing and vocal exercises, instrumentalists with scales and technical exercises
- ♪ Listen at all times to the quality of your musical sound
- ♪ Record your playing using your phone, listen back
- ♪ If you can't play it slow, you can't play it fast!
- ♪ Take out parts that are difficult for you. Slow them down and when ready, put back into the overall song/piece

**Phrase, Shape and Balance**

I can distinguish between the different phrases in my song / piece

**Notes and Rhythm**

I can perform the rhythm and melody at the right time

**Intonation**

I can tune my instrument and / or sing the pitches of my song accurately

**Dynamics**

I can play louds and softs

**Tempo**

I can perform my song / piece at the correct speed

**Performance**

I can perform my song / piece with confidence

**Musical Techniques**

I can perform my song / piece musically

**Group Performance**

I can identify my role in this group and perform my line with confidence

**Unprepared Test**

I can perform my unprepared test




Please note: this list is not exhaustive or prescriptive

# My Diary

**Titles of songs/pieces:**

1. \_\_\_\_\_
2. \_\_\_\_\_

**Composers/Songwriters:**

1. \_\_\_\_\_
2. \_\_\_\_\_

**My Unprepared Test will be...**

- Aural Memory Rhythm   Sight-reading  
 Aural Memory Melody   Improvisation

Date: \_\_\_\_\_

**FOCUS**  
for this  
session

What worked well?

I need help with...

Time spent: \_\_\_\_\_

How I feel this practice went?



Date: \_\_\_\_\_

**Focus**  
for this  
session

What worked well?

I need help with...

Time spent: \_\_\_\_\_

How I feel this practice went?



Date: \_\_\_\_\_

**Focus**  
for this  
session

What worked well?

I need help with...

Time spent: \_\_\_\_\_

How I feel this practice went?

