




# How to Edit and Mix Video

This resource is a guide to mix and edit one video onto a background with a synced backing track on a Mac

## Preparation: Create your Master Audio Track for aligning the video visuals

- Separate the audio from the student videos:  
For iPad users: separate using the MP3 Converter app  
For Mac users: separate using QuickTime player **Open video > Export audio only**  
*Note: this will not delete the audio from the original video*
- Edit and mix your audio in Garageband to create your Master Audio Track
- Align video visuals to this Master Track throughout this video editing process

## Step 1: Choose a project type from the Dashboard

- Click **Create New** and choose Movie 

## Step 2: Import media





- Click, drag, and drop your video and Master Audio Track (Note: AAC audio format works best for iMovie) or click **File > Import Media**

## Step 3: Populate the timeline


My Media Audio Titles **Backgrounds** Transitions

- Click on **Backgrounds** and drag your chosen background to the timeline on bottom panel of the screen
- Drag the video and Master Audio Track to the timeline
- You will now see three layers here

## Step 4: Edit video

- Select the video track 
- Click on **Video Overlay Settings > Picture in Picture**. Resize and reposition the video on the background
- Click on **Cropping > Style: Fit** to change the default Ken Burns animation
- Click on **Modify > Mute audio** or **Shift CMD M**
- To delete unwanted sections...  
at the beginning or end of the video: **Trim** by dragging the edge left or right  
in the middle of the video: place the playhead  at the start of the unwanted section click **Modify > Split tool**. Then, place the playhead at the end of the unwanted section click **Modify > Split tool**. Delete section
- Sync muted video to Master Audio Track
- For further edits e.g. Fade in/out: click **Modify**

## Step 5: Export

- Click on the share symbol  at the top right of the screen and **Export File**  
*Note: Only two visual layers along with audio can be edited at one time. To mix edit and layer another video into this project you will now create a new project, import the mixed video and follow steps 3 – 5.*